

JOHN J. REGAN, MD

FELLOWSHIP-TRAINED SPINE SURGEON

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JOHN REGAN, MD

Board-certified orthopedic surgeon

Fellowship-trained spine surgeon

Dr. Regan is a fellowship-trained, board-certified orthopedic surgeon specializing in spine. He has an international reputation as an author of spine research, and is widely regarded as the pioneer in minimally invasive spine surgery including video-assisted surgery of the thoracic spine. Dr. Regan was one of the first four spine surgeons during the creation of the Texas Back Institute, which was the first and largest spine specialty clinic in the United States. In the mid 1990s, Dr. Regan was recruited from Texas Back Institute by Cedars-Sinai Medical Center to become Director of a new Cedars-Sinai Institute for Spinal Disorders. For the next four years, he developed the spine program into a well regarded spine center from 2001 to 2005. In 2005, Dr. Regan relocated his office to Beverly Hills where he maintains a busy spine practice. In 2007, he founded his own private practice. Dr. Regan earned his bachelor's degree from Brown University in Providence, Rhode Island and his medical degree from the State University of New York Upstate Medical Center, in Syracuse. He completed an internship and residency in internal medicine at Emory University Affiliated Hospitals in Atlanta before transitioning to an orthopedic surgery residency at the University of North Carolina. He then completed fellowships in spine trauma at the prestigious A.O. International Hospital in Switzerland and at Johns Hopkins University Hospital in Baltimore.

About Us

Dr. Regan's private practice is a spine center that helps patients with complex back and neck problems to recover and return to activity. It is located in Beverly Hills, California and it includes the practice of Dr. John Regan, a fellowship-trained orthopedic spine surgeon who has an international reputation as a leader in the field of minimally invasive spine surgery. Dr. Regan pioneered video-assisted thoracic spine surgery, which makes use of minimally invasive spine instruments to lessen the risk of complications and speed patient recovery. Dr. Regan is licensed in multiple states and provides second opinions as an additional option in the treatment process. He pioneered the use of endoscopic instruments with cameras and cutting tips to access the spine. Dr. Regan is one of a handful of spine surgeons in the nation able to perform surgery on the thoracic spine (middle back) with these scopes and instruments.

Our Specialties

Our Areas of Expertise include:

- Cervical disc herniation
- Thoracic disc herniation
- Degenerative disc disease
- Spinal fractures
- Kyphosis
- Non-malignant tumors
- Malignancy
- Spinal stenosis
- Spondylolisthesis
- Scoliosis

